



MATTEO GUARDINI
Guida Alpina



SUMMER ACTIVITIES - Lake Garda

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📘 Matteo Guardini - Guida Alpina

VIA FERRATA COLODRI

A family-friendly via ferrata, also suitable for young children who will be the stars of this cheerful roped adventure with their parents. Share a day of emotions along one of the area's most renowned routes. At the end, a short trek will take us to Agritur Laghel 7 where children can visit the educational farm. For everyone, there will be a small tasting of Garda oil produced by the farm.

DIFFICULTY:

Easy. Low exposure, suitable for beginners.

REQUIREMENTS:

No fear of heights.

Minimum age for children: 6 years.

INCLUDED EQUIPMENT:

Helmet, harness, via ferrata set, gloves.

WHAT TO BRING:

Hiking shoes or boots,
backpack with water and snacks, rain jacket.

LOCATION:

Arco di Trento



DURATION: 3 - 4 hours



CIMA CAPI

An exciting equipped climb up to an incredible balcony over the lake, 900 meters below! On the way back, we'll have a rustic breakfast at the Arcioni bivouac before arriving at the charming small village of Biacesa. In the heart of a cluster of ancient houses, we can restore our energy at Villa Alma, a bed and breakfast with a cozy little bar. Under the pergola, we will enjoy the famous "cheesecake" prepared by Elisa, the B&B owner; dessert, coffee, and cheerful conversation will be a wonderful conclusion to our adventure.

DIFFICULTY:

Medium.

REQUIREMENTS:

No fear of heights. Good physical condition required. Suitable for children aged at least 10 years of age who enjoy walking.

INCLUDED EQUIPMENT:

Helmet, harness, via ferrata set, gloves.

WHAT TO BRING:

Hiking shoes or boots, backpack with water and snacks, hat, sunscreen, sunglasses, rain jacket.

LOCATION:

Biacesa, Val di Ledro.



DURATION: 5 - 6 hours



IL TRACCIOLINO

(SMUGGLERS' TRAIL)

A spectacular trail perched above the lake, returning to Riva del Garda by boat from the port of Limone. This alpine path includes short, challenging via ferrata sections.

DIFFICULTY:

Medium. Highly exposed.

REQUIREMENTS:

No fear of heights.

Good physical condition required.

INCLUDED EQUIPMENT:

Helmet, harness, via ferrata set, gloves.

WHAT TO BRING:

Hiking shoes or boots, backpack with water and snacks, rain jacket, hat, sunscreen, sunglasses.

LOCATION:

Pergasina - Arco



DURATION: 3 - 4 hours

INTRODUCTORY COURSE

AND MULTI-PITCH CLIMBS ON REQUEST

The crags of the lower Sarca area are a paradise for sports climbing, known worldwide.

The entire area between Arco, Riva del Garda, and Torbole offers dozens of climbing crags with hundreds of routes of all difficulties.

Climbing is a spontaneous act from a young age; it takes just a few hours to learn the basic techniques to do it safely. In a cheerful and friendly atmosphere, the learning process is stimulated: then, step by step, participants will gradually approach the vertical world of climbing, including multi-pitch routes, learning progression, safety techniques, and knots.

The basic course is aimed at beginners who want to try rock climbing for the first time, but it is also dedicated to those who already climb indoors in gyms and want to transfer their skills and abilities to the rock.

At the end of the course, participants will have acquired the knowledge and skills necessary to tackle easy multi-pitch climbing routes.

**DON'T HESITATE TO ASK ME FOR
INFORMATION OR QUOTES**



PRIVATE OUTINGS ON REQUEST

I am available for private outings with customizable packages based on your needs and interests. Don't hesitate to ask me for information or quotes.

Some examples of private proposals:

- **Via delle Bocchette Dolomiti:** Bocchette Alte, Basse, Centrali
- **Multi-pitch climbing Arco:** Parete San Paolo, Pezzol, Coste dell'Anglone.
- **Classic Brenta climbs:** Campanile Alto, Campanile Basso, Castelletto.
- **Mountaineering on the most beautiful ascents:** Presanella, Ortles, Cevedale, Adamello, Lobbia, Cresta Croce.



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